

106th Annual TCSW Conference Break-Out Sessions

Monday March 25, 2019

2:15 pm - 3:45 pm

Building Strong Brains: The Role of Life Experiences in Shaping Brain Development	Salon 1
Jenn Drake-Croft, Director of Early Childhood Well-Being, TN Commission on Children and Youth	
Early experiences literally shape how the brain gets built, establishing either a sturdy or a fragile foundation for all of the development and behavior that follows. This presentation will explore how Adverse Childhood Experiences (ACEs) harm the developing brains and bodies of children compromising the foundation for lifelong health. Understanding the ACE research deepens professional knowledge across sectors and creates a common language for collectively addressing community challenges.	
Solitary Confinement: Disparities in the Provision of Care	Salon 2
Ali Winters, Assistant Professor of Social Work, TN State University	
Locked in a cell the size of a parking space for months, years, and even decades, those trapped in solitary confinement experience conditions that significantly impact their health and mental health functioning. The delivery of needed services generally lack the style and intensity necessary to mitigate the health and mental health-related risks in this environment. In this presentation, we will explore these issues and the ethical implications of working with this population.	
The Implications of Microaggressions and Health Inequity	Salon 3
V. Nikke Jones, Assistant Professor, Middle TN State University & Cathy McElderry, Professor and Chair, Department of Social Work, Middle TN State University	
There is wide disparity in health status of different groups (e.g., populations of color, indigenous people, LGBT community, and low income persons). These health disparities have significant social and economic costs to individuals and society. The purpose of this workshop is to build a common understanding of the social determinates of health (SDoH), examine the implications of microaggressions in contributing to health inequities, and discuss the impact of inequality on health and well-being. Participants will have an opportunity to engage in activities that will help them recognize and interpret microaggressions, as well as expand their understanding the importance of changing opportunity structures to advance health equity.	
A Collaborative Approach to Addressing the Resource Needs of Tennesseans with Disabilities	Salon 4
Megan Hart, Director, TN Disability Pathfinder & Kendra Mitchell, Program Director, Integrated System of Care, TN Department of Health	
Accessing resources and navigating service systems can be difficult. That is why Tennessee Disability Pathfinder and Tennessee Department of Health's Children & Youth with Special Health Care Needs program have partnered to better serve individuals with disabilities and their families. Attend this session to learn how these two programs are working together to connect families to community resources through individualized information and referral assistance, interactive website, and other support services.	

105th Annual TCSW Conference Break-Out Sessions

Monday March 25, 2016

4:00 pm - 5:30 pm

Understanding Alzheimer's and Brain Health	Salon 1
Amy French, Senior Manager of Programs and Education, Alzheimer's Association	
<p>Did you know that the number one risk factor for developing Alzheimer's disease is advancing age? As the Baby-boomer generation ages, by the year 2030 the percentage of Americans over the age of 65 will be greater than the number of children in our country!</p> <p>Clearly, Alzheimer's and dementia constitute a growing crisis in our society. This session will address what dementia is (and is not), and how we can help manage our own and our community's risk factors.</p>	
The Well-being of LGBTQ+ Children in Child Welfare	Salon 2
Vida Khaver, MA, LMFT	
<p>22.8% of children in out of home care in the United States identify as LGBTQ. Child welfare reforms throughout the country are recognizing that all children need to be affirmed, respected and their families supported. This presentation will address how to be affirming and develop programs that support LGBTQ and gender expansive children.</p>	
Unhealthy/Healthy Stress	Salon 3
Wardell Seals, President/CEO Safety Consultant, Heartbeat-CPR	
<p>Since everyone has a unique response to stress, there is no "one size fits all" solution to managing it. No single method works for everyone or in every situation. This session will experiment with different techniques and strategies.</p>	
When Words Fail...Play Speaks: Why Play Therapy Works	Salon 4
Jamie Lynn Langley, LCSW, RPT-S, Private Practice, President, TN Association for Play Therapy	
<p>Children (and sometimes teens and adult too) have difficulty verbally expressing feelings and exploring issues in traditional talk therapies. Come learn how play therapists can assist clients in overcoming resistance and building self-regulation and resilience by using the therapeutic powers of play. Current neuroscience will be included that provides the scientific back-up as to why Play Therapy works.</p>	

105th Annual TCSW Conference Break-Out Sessions

Tuesday March 26, 2019

9:45 am - 11:15 am

Combatting "Compassion Fatigue" Methods of Self-care	Salon 1
Dr. Alfunsia Merriwether	
<p>The session will help participants in the field of social service methods of how to implement and maintain an ongoing commitment to their well-being. Burnout is a common thread with professional staff who provide care and support to those who require services. The session will utilize a reflective tool for participants to identify and individualize their own signs and symptoms of burnout. Recommendations for interventions will be shared. The participants will have an opportunity to discuss how "Compassion Fatigue" can have an effect on the quality of services provided to the clients. The session will help participants to understand that taking care of themselves as they care for others can protect those personal assets that support high quality services.</p>	
Medication Assisted Treatment: A Rapid Response to a Social Dilemma	Salon 2
Ronald Morton, Manager of Recovery and Resiliency, BlueCare of Tennessee	
<p>Presentation will discuss the creation a Medication Assisted Treatment Model in Tennessee. Presentation will look at history of MAT, current efforts to expand the model and social factors impacting efficacy. Presentation will also look at trend in MAT treatment.</p>	
Breaking Through Discharge Barriers...How Can We Help?	Salon 3
Nicole Payne, LCSW, Cameesa Pyburn, LMSW & Marcia Collins, LMSW, Vanderbilt Medical Center	
<p>This presentation is for social workers in healthcare settings. This training will teach participants how to complete a full assessment to identify psycho-social challenges, financial barriers, and unresolved impediments related to previous interventions. The presenters will provide examples on developing a plan of care and for executing appropriate interventions. In addition, this training will be focused on patients that are high utilizers of healthcare resources and are at risk of hospital readmissions and/or poor outcomes.</p>	
Stigma, Opioid Use and Overdose: What's the Relationship?	Salon 4
Ed Johnson, Associate Director, Training and Technical Assistance, Southeast Addiction Transfer Center	
<p>While Substance Use Disorders (SUD) are stigmatized and individuals that have them are discriminated against, there is a greater level of stigma and discrimination associated with opioid use disorder (OUD) and the medications commonly used to treat it. This session will explore this stigma, what participants as helping professional can do to combat it and more importantly the part it plays in overdose deaths.</p>	
Join the Community Effort for Suicide Prevention	Saddlebred
Nichelle Foster, MMFT, Simone Sibley, BA, Care-N-Concern Counseling,	
<p>QPR (Question, Persuade, Refer) Suicide Prevention Training can best be described as the "CPR" of suicide prevention. Most individuals, who attempt or die by suicide, demonstrate warning signs. Many do not know how to recognize the signs or what to do if they do see someone in emotional distress. This training focuses on how to recognize warning signs for suicide, how to talk to someone who is exhibiting warning signs or in crisis and how to refer the person for help.</p>	
Head Start Directors Meeting	Highland/Morgan

106th Annual TCSW Conference Break-Out Sessions

Tuesday March 26, 2019

1:15 pm - 2:45 pm

You Have the Power's Youth Impact Curriculum: An Introduction	Salon 1
Cathy Gurley, CEO, You Have the Power...Know How to Use It, Inc.	
<p>Prevention programs are key to circumventing youth and adults from entering the criminal justice system. You Have the Power's Youth Impact Curriculum equips youth and young adults with the tools to empower themselves. This ACEs-informed program covers the issues of accountability, cultural barriers, abuse/neglect, domestic violence, bullying and harassment, connectedness, and behavior modifications. The workshop, intended for people working with youth aged 14-20, features both lecture and interactive activities.</p>	
6 Steps to Managing Your Money	Salon 2
Dakota Grady, Speaker, Author, Financial Coach	
<p>According to Career Builder, 78% of Americans are living paycheck to paycheck. Because people are struggling financially, their work productivity is impacted negatively as well. Recent research shows that nearly half of all employees (46%) say that financial challenges cause them the most stress in their lives [Price Waterhouse Coopers 2017]. That stress leads to less productive workers. Employees who are stressed about their finances are nearly five times more likely to be distracted by their finances at work [Price Waterhouse Coopers 2017]. This presentation will empower and ignite your team professionally and personally!!</p>	
What's In Your Wallet? Understanding Adult Issues with Kids	Salon 3
John Mark Toomey, Training Manager, OmniCare Institute	
<p>Troubled children and youth often push problems to the limits, and are expert at pushing buttons on staff as well. As educators, parents, and support staff, we may sometimes find ourselves taking problems too personally, needlessly escalating problems. This eye-opening workshop examines five reasons for adult anger, explores the impact our own Adverse Childhood Experiences (ACEs), and closes with strategies and insights essential to maintaining a professional perspective in challenging situations.</p>	
What's Health Got To Do With It? A Systemic Approach to Address Social Determinants of Health	Salon 4
Kinika Young, Director of Children's Health, Tennessee Justice Center	
<p>While Substance Use Disorders (SUD) are stigmatized and individuals that have them are discriminated against, there is a greater level of stigma and discrimination associated with opioid use disorder (OUD) and the medications commonly used to treat it. This session will explore this stigma, what participants as helping professional can do to combat it and more importantly the part it plays in overdose deaths.</p>	
The Challenges Presented by Pets	Saddlebred
Bethanie Poe, Middle TN HABIT Coordinator, UT Human-Animal Bond in TN (HABIT)	
<p>Most practitioners know about the benefits of pet ownership, but what about when having an animal presents a barrier to getting help? For people experiencing homelessness, domestic violence, or medical or mental health problems, having a pet may make accessing formal social services challenging. In this presentation, attendees will learn how to include pet ownership into assessments as well as things to consider when making plans with clients.</p>	
Head Start Directors Meeting	Highland/Morgan

105th Annual TCSW Conference Break-Out Sessions

Tuesday March 26, 2019

3:00 pm - 4:30 pm

OmniCare: Developing a Trauma Competent Culture	Salon 1
Chris Moynihan, Director of Clinical Services/Training, Omni Visions	
<p>This session will focus on one agency's experience in developing a trauma competent culture. Discussion will focus on how adversity in childhood (ACES) impacts professionals in child welfare disproportionately to those in the rest of work force and the resulting implications. Discussion will include how the Omni Visions Family of Services has attempted to address those considerations, lessons learned and future aims.</p>	
Darkness To Light	Salon 2
Brittanie Noble, Community Education Coordinator, Child Advocacy Center & Breanna Davis	
<p>The Darkness to Light, Stewards of Children uses real people and real stories to show you how to protect children. The framework of the training is built off the foundation of The 5 Steps to Protecting Children. You'll meet survivors who lived through child sexual abuse, experienced its immediate and long-term effects, and ultimately were able to find healing. You'll meet experts who work with children and families, and confront abuse on a daily basis. Many of these survivors and experts are also parents themselves.</p>	
Tramatic Brain Injury's Complex Relationship with Social Determinants of Health: Working Toward Solutions	Salon 3
Wendy Elmo, Brain Injury Specialist, Speech Pathologist, Brain Links/TN Disability Coalition	
<p>Traumatic Brain Injury (TBI) is a significant cause of death and disability in the U.S. It is often caused and impacted by social determinants of health, and it creates additional issues which lead to poorer health and social outcomes. This presentation will explore these complex interrelationships, detail how Brain Links is addressing some of these issues and how Brain Links can support those working with people with TBI.</p>	
Using the Law to Protect Struggling Loved Ones	Salon 4
Miller Hunt Eubanks, Attorney, Elder Law of Nashville, PLC	
<p>This presentation explains how to structure estate plans to provide for spouses, children, or other loved ones struggling with addiction and/or substance abuse. We will cover how to protect the individual not only from creditors but also from themselves through different types of trusts or adding special provisions to Wills.</p>	
Social Work Student Policy Presentations	Saddlebred
Tennessee Schools of Social Work	
<p>Tennessee Schools of Social Work students present policy posters on a variety of current policy issues pending in our state legislature.</p>	
Head Start Directors Meeting	Highland/Morgan

105th Annual TCSW Conference Break-Out Sessions

Wednesday March 27, 2019

9:15 am - 10:45 am

Social Economic Autopsy	Salon 7
Troy Rogers, Public Safety Coordinator, City of Chattanooga	
This presentation will look at the social causes of detrimental behaviors of our urban populations and the back story of kids pre and post life. We will look at how social workers roles are so important in helping us who work the front lines with at-risk populations ID triggers. We will encourage each social worker that their job is a calling and they should be passionate about it. We will talk about data and what we are doing in Chattanooga to lower crime and what challenges we still face.	
Moving Brain Science Into Practice with Hard to Reach Families	Salon 8
Emily Partin, Licensed Professional Counselor	
Brain Science reveals that stress and poverty impair executive functioning and emotional-regulation skills. How do we address ongoing impairment in adults to assure they succeed as students, employees, and parents? Though programs are available, a community needs assessment revealed that adults turn to family and friends for help in this rural area more-so than traditional providers. Establishing peer to peer mentoring and coaching in rural counties may be the answer.	
Faith In Action: Advancing Health Equity in Rural Areas	Salon 9
Shani Collins Woods, PhD, MSW, Assistant Professor of Social Work, Austin Peay State University	
Residents of rural communities face numerous barriers to achieving health equity including discrimination, limited access fruits and vegetables, financial barriers, and a shortage of health professionals. The Grand Challenges of Social Work offers recommendations to close the health gap. One recommendation is to focus on settings-based research and interventions that incorporate the community's voice and vision into addressing health inequities. This workshop explores macro practice implications of partnerships between social workers and faith-based institutions to advance health equity in rural areas.	
Addressing Substance Abuse in Suicide Prevention	Salon 10
Joanne Perley, Director of Statewide Initiatives and Development, TN Suicide Prevention Network	
This presentation is a customized version of the evidence-based "Question, Persuade, Refer" (QPR) suicide prevention curriculum, suitable for all substance abuse prevention and treatment staff, i.e. counselors, educators, support staff, administrators and supervisors.	
Aligning Healthcare: Access to Veterinary Care	Saddlebred
Michael Blackwell, Director, Program for Pet Health Equity, University of Tennessee	
More than one out of four families with pets report experiencing a barrier to veterinary care. Impacts on family wellbeing can be substantial because 1) 88% regard their pets as family members, and 2) an illness may result in prolonged recovery, premature death, or relinquishment. AlignCare connects social service organizations with veterinary service providers, using community funding, thus keeping families together.	
The Occurrence and Outcome of Childhood Grief In Tennessee	Highland
Ali Drescher, MA, LPC, GC-C Fellow in Thanatology, Grief Center Director & Katherine Reynolds, LMSW, Grief Counselor, Alive Hospice	
Childhood bereavement is a public health issue that has long been overlooked. The Childhood Bereavement Estimation Model recently developed by Judi's House/The Jag Institute uses population metrics to approximate prevalence rates and adult outcomes of youth who experience a significant loss during childhood or adolescence. This session explores Tennessee data from the CBEM, provides a developmental overview of grief, and offers hands-on tools for supporting young grievers.	
Earth & Soul: Integrative Self-Care Practices	Morgan
Valerie Radu, PhD, LCSW, Clinical Social Worker/Ecotherapist & Richard Rushing, III, Singer/Songwriter, Artist, Bluesman	
This session uses creative strategies to enhance self-care awareness in professionals through an interactive demonstration of Healing Blues music integrated with Ecotherapy (nature-based self care). Participants will experience the historical power of the blues for healing through storytelling and also learn how simple nature-based self care practices (mandala creation, cairn building, and nature photographs) can be practiced both indoors and outdoors to reduce stress and vicarious trauma.	