

104th Annual TCSW Conference Break-Out Sessions

MONDAY MARCH 20

2:30—4:00 pm—Afternoon Break-out Sessions

Head Start Meetings	Morgan
Referrals for Unintended Pregnancy	Salon 1
<p>Renee Burwell , LMSW, Tennessee State Coordinator , Provide</p> <p>Social Workers, case managers, counselors, physicians, and nurses—often serve as a critical link to getting women quality, compassionate care for a range of health care needs, including reproductive health care. Provide trains health and social service providers to offer non-judgmental, all options counseling and referrals to their clients and patients. Attendees will learn the most current information and resources for helping women navigate an unintended pregnancy.</p>	
Engaging Families: It is Not Business as Usual	Salon 2
<p>Conni Wells, Project Director , Mental Health Transformation Alliance</p> <p>This sessions explores the challenges communities face when trying to engage families. As funding shrinks and the demand for services and families increase, communities struggle as they adjust and respond to those they serve. It is not business as usual. Families face internal and external complications that makes their participation in services and family support initiatives more and more difficult. Participants will discuss barriers to family participation and learn to use existing formal and informal resources to develop new approaches to ensure their outreach efforts result in documented increase in the family voice, choice, and capacity.</p>	
Domestic Violence & Children: “The intersectionality of Domestic Violence & its impact on the Children”	Salon 3
<p>Treva Sands, PFC Housing Coordinator and Southern Adventist University MSW Candidate April Wilson, LMSW, DART/SART Coordinator for Partnership, For Families & Adults</p> <p>Children who grow up in a violent home are more likely to be victims of child abuse. Those who are not direct victims have some of the same behavioral and psychological problems as children who are themselves physically abused, but what are the signs of abuse? What is the difference between abuse and neglect? Who should report? What is Mandatory Reporting in the state of Tennessee? Let's talk about it.</p>	
Common Nursing Home Problems and Nursing Home Reform Law	Salon 4
<p>Barbara McGinnis, CELA, Certified Elder Law Attorney & Debra King, LMSW , Takacs McGinnis Elder Care Law</p> <p>This session will discuss some of the most common nursing home challenges faced by patients, their families and advocates. Information will be given about patient rights with an emphasis on the recent nursing home reform law. As the regulations are discussed, you will learn to whom they apply. Participants will also find out how to best apply patient rights and why they are vital.</p>	
Building Strong Brains: The Role of Life Experiences in Shaping Brain Development	Highland
<p>Jenn Drake-Croft, MSSW, Director of Early Childhood Well-Being, Tennessee Commission on Children & Youth</p> <p>Early experiences literally shape how the brain gets built, establishing either a sturdy or a fragile foundation for all of the development and behavior that follows. A strong foundation in the early years increases the probability of positive outcomes. This presentation will explore how Adverse Childhood Experiences (ACEs) harm the developing brains and bodies of children compromising the foundation for lifelong health. The ACE research has resulted in child abuse and neglect being acknowledged as a major public health problem and a leading cause of early death.</p>	
Sex, Money and God: Why Therapists Discuss Only 2 of These	Saddlebred
<p>George Davis, Ph.D. J.D. & Sandy Arons, Financial Consultant, www.tennlegal.com</p> <p>Collective impact, practice opportunities and competence in addressing client money issues.</p> <ol style="list-style-type: none"> 1. Prevalence of financial issues in client distress 2. Questions to explore money issues 3. Healthy money functioning 4. Money and psychopathology 5. Benefits of collaborating with a financial consultant 	

104th Annual TCSW Conference Break-Out Sessions

TUESDAY MARCH 21

9:45 — 11:15 am— Morning Break-out Sessions

Head Start Meetings

Morgan

Respite: The Common Ground for All Family Caregivers

Salon 1

Jennifer Abernathy, Executive Director, Tennessee Respite Coalition

What do the family caregivers of a child with autism, an adult with a developmental disability, and an aging person with Alzheimer's have in common? They could use a break! Respite is a short period of rest and relief from being a caregiver. This session will cover resources for family caregivers, what helping professionals can do to help caregivers take respite and creative ways to incorporate respite into anyone's schedule.

Story-telling for Self-care

Salon 2

Valerie Radu, Executive Director, Chattanooga Family Justice Center

The ethics of self-care is a concept for professionals to integrate into their understanding and practice of ethics: when we make our mental/emotional/spiritual well-being a priority, it has positive personal and professional outcomes and increases our ability to navigate the ethical dilemmas we face in social work practice. Through the use of story-telling strategies, participants will deepen their understanding of how ethical practice and self-care are integrated and be able to identify strategies to increase resiliency.

"Creating a Culture of Personal Accountability and Professional Respect for Lesbian, Gay, Bisexual, and/or Transgender Clients" (Part A)

Saddlebred

Pam Sheffer, Director of LGBTQI Programming, Oasis Center

This experiential workshop will focus on assisting professionals with their capacity to effectively serve LGBT clients, by way of dismantling implicit bias, myth busting and through a greater understanding of terminology, non-binary interview techniques, and best practices for creating trust. (This training is funded under an agreement with the State of Tennessee.)

Dementia Detective: Solving the Mystery of Difficult Behaviors

Salon 3

Jackie Bruce, Aging Program Consultant, TN Commission on Aging and Disability

Helping caregivers understand and manage some of the disturbing and often dangerous behaviors of their care recipient with dementia helps ease some of the stress of caregiving. Learning how to investigate the causes and appropriate responses for behaviors such as anger, aggression, sun-downing, repetitive actions, hiding, hoarding, rummaging, and wandering, empowers family caregivers and care providers alike.

Independence for Seniors: Approaches to Serving the Health and Safety Needs of Our Aging Population

Salon 4

Emily Quinlan, Charles Warfield Legal Fellow, Shelby Dodson, AmeriCorps Equal Justice Works Elder Justice Fellow & Sarah Connette, CHOICES Client Advocate, The Tennessee Justice Center

Members of the Tennessee Justice Center's senior-serving Independence team, including advocates and attorneys, will provide training on navigating TennCare CHOICES and ECF CHOICES eligibility and the appeals process. TJC will also present on how to screen for physical and financial abuse of seniors, and will introduce solutions to promote independent and safe living.

Welcome Home: Making School a Place of Comfort

Highland

Justin Singleton, MSSW, LSSW, Tennessee Department of Education

Develop awareness on how the school climate is vital to the success of scholars experiencing homelessness and how the McKinney-Vento Act can aid in the process.

104th Annual TCSW Conference Break-Out Sessions

TUESDAY MARCH 21

1:15—2:45 pm—Early Afternoon Break-out Sessions

Head Start Meetings

Morgan

The NAS Epidemic: Preserving the Dignity and Worth of Mother and Baby

Salon 1

Cayce Watson, LAPSW, MAC Assistant Professor (Lipscomb) & April Mallory, LCSW, MAC Assistant Professor (UTCSW)

Pregnant women battling addiction face barriers when seeking treatment due to concern with fetal outcomes. Barriers include punitive measures, potential incarceration, access to services, and stigma. This workshop will explore the scope of opioid use among pregnant women, identify ethical issues related to using a Harm Reduction approach in social work practice, and review current evidence-based treatment options at both the individual and policy level which preserve dignity.

“Creating a Culture of Personal Accountability and Professional Respect for Lesbian, Gay, Bisexual, and/or Transgender Clients” (Part B)

Saddlebred

Pam Sheffer, Director of LGBTQI Programming, Oasis Center

This experiential workshop will focus on assisting professionals with their capacity to effectively serve LGBT clients, by way of dismantling implicit bias, myth busting and through a greater understanding of terminology, non-binary interview techniques, and best practices for creating trust. (This training is funded under an agreement with the State of Tennessee.)

Unraveling the Mystery of Conservatorships & Special Needs Trusts

Salon 2

Cindy Gardner, Attorney at Law

When a child with a disability turns 18, there are many questions that parents may not know the answers to and need guidance. Will their child be able to handle their own affairs when parents no longer have the "legal authority" to make decisions for them? What if they go to the hospital? Who will manage their finances? In addition, EVERY family needs to prepare for the future. Leaving an inheritance to a child receiving governmental benefits is a sure fire way to get them disqualified for those benefits! Learn the better way to leave an inheritance through a Special Needs Trust.

Financial Assistance for Medical Bills...We Can Help

Salon 3

Sarah Thorpe, Care Coordinator (Davidson County) & Stefi Marcus-Ergueta- Care Coordinator (Davidson County), Children Special Services Metro Public Health Dept

Children's Special Services (CSS) is a federal Title V program, offered by the Tenn. Dept. of Health, Division of Maternal and Child Health. We serve residents of Tennessee, ranging in ages from birth to 21 years of age, who have a chronic illness or a medical condition. We use a team approach to provide financial assistance such as copays & deductibles to Tn-care,/ Private ins. and to the uninsured. CSS offers Care Coordination to assist families with medical services and community resources.

Peace Circles Workshop

Highland

Becky Astarita , LCSW, ADS, CYT & Denise Yeargin M.Ed

The Peace Circle Workshop offers a fun, interactive, experiential opportunity for participants to identify what increases/decreases peace, and how it effects their relationships (with themselves, their families, their clients, communities and others). The workshop helps participants, practice mindfulness and become aware of its effects/influences on others/their environments, what steals/ increases one's calmness and ways to maintain wellbeing. Participants will also recognize that to be peaceful is a conscious choice that becomes the foundation for the decision making process.

Trauma Interventions for School-aged Children

Salon 4

Erika Rodriguez, LMSW & Delenny Dubose, MSW, Meharry Medical College

Trauma affects everyone from every background, culture and socio economic status. Most importantly, trauma is endured by many school aged children. This presentation is focused on quick interventions for school aged children who in response to the trauma, their behaviors may appear defiant and aggressive.

104th Annual TCSW Conference Break-Out Sessions

TUESDAY MARCH 21

3:00—4:30 pm—Late Afternoon Break-out Sessions

Head Start Meetings

Morgan

Suicide Prevention: Everyone's Business

Salon 1

Joanne Perley, MPH, TN Suicide Prevention Network

In any given year, there are about 40,000 suicides, almost or occasionally more than the number of motor vehicle deaths. Too many people, even within (and maybe especially within) the counseling profession are reluctant to confront the issue of suicide in their practice and the community. But confronting the problem is the only way to prevent it. Come learn the facts about suicide and how it affects all of us, how to spot the warning signs, and how you intervene in a crisis, possibly saving a life. We will explore the depth of the problem of suicide, as well as its effects on communities and the nation at large; learn the risk and protective factors for suicide and suicide attempts; discuss the fears that many counselors and mental health professionals have about "the S word" and the potential for client suicide; talk about the warning signs and what to do if they manifest in a client and find out about resources and training available for both professionals and the general public

Cultural Competency: Social Services for Clients with Military Service

Saddlebred

Sean Muldoon, LCSW, Clinical Services Manager & Matt Thompson, LMSW, Mental & Behavioral Health Consultant, Operation Stand Down Tennessee

This workshop is designed to give you the information and tools needed to be more effective in incorporating a person's military status into your services. Will identify and describe: The core components of the "military culture"; The individuals who have served in the military and how their individual experiences impact service delivery; The particular issues /needs that bring those who have served in the military to social services; The barriers often experienced by individuals who have served in the military and how to address those barriers; The array of veteran/military benefits and resources and how to assist your client in accessing and navigating these systems.

Anxiety Complicates Everything

Salon 2

Ruth Williams, LCSW, Alive Hospice

In our "wired" society, those of us who share our own genetic "wiring" of over-thinking and over-worrying, may literally be ready to scream from overload! Technology, which we originally may have seen as a gift, has perhaps now taken over. Come learn strategies for being more present and less stressed, reducing your OWN anxiety so that you are better equipped to help your clients deal with THEIRS!

"Affordable Care Act (ACA) and Advocacy: Where We've Been and Where We're Going"

Salon 3

Walter Davis, Executive Director & Susan Veale, Assistant Director - Tennessee Health Care Campaign

This session will cover the Affordable Care Act and the benefits it provides for Tennesseans as well as the state economy, the numbers of people enrolled and how the process worked. We will share examples of how the ACA saved lives. Changes are occurring almost daily regarding health insurance under the new Administration.

University Policy Presentations

Salon 4

Tennessee Schools of Social Work present policy poster presentations on a variety of current policy issues pending in our state legislature.

Aging and Disability Resources

Highland

Lauren Meeker, LMSW, State Long-Term Care Ombudsman, TN Commission on Aging and Disability

During this presentation you will learn about the different programs offered by the Tennessee Commission on Aging and Disability which include Legal Services, Public Guardianship, Options, Nutrition and the Ombudsman program. We will

104th Annual TCSW Conference Break-Out Sessions

WEDNESDAY MARCH 22

9:00 — 10:30 am—Morning Break-out Sessions

Head Start Meetings

Morgan

Using Education to Combat the Poverty Mindset

Saddlebred

Sandy Whetmore, Education Coordinator, Foundation House Ministries

Living in poverty impacts daily life in a vast array of direct and subtle ways. In order to assist clients in making choices to change their lives, Foundation House Ministries provides individualized courses including active participation, role playing, journaling, and self-paced homework. In addition to required core classes, clients choose from a variety of electives they feel will be most helpful in their current circumstances.

The 5 W's of Making a Children's Services Referral

Highland

Jessica Cowick, LMSW, Team Lead, Dept. of Children's Services

This presentation answers the 5 W's of making a Department of Children's Services referral: Who is required to make a referral (who are mandate reporters)? When should you make a referral? Why make a referral in the first place? What should you prepare to make a referral? Where will this referral go after it is made?

Engaging Youth & Families: An Introduction to Motivational Interviewing

Salon 7

Sabrina Clark, LMSW, Training Specialist-Youth & Family Services Division, Mecklenburg County Department of Social Services

Motivational interviewing is an intervention that emphasizes the following principles: meeting individuals where they are in a flexible manner, encouraging autonomy building, and empowering them to take responsibility for the decision to enact change. This workshop will provide you with an overview of motivational interviewing and expose you to the skills needed to begin integrating the core tenets of this intervention into your work with youth and families.

Building Resilience and Everyday Actions

Salon 8

Melissa Perry, Parent Leadership Coordinator, Prevent Child Abuse Tennessee

How is it possible for parents to grow and even be transformed by trauma and other adverse circumstances? Resilience doesn't look the same for everyone. This parent-led session will share a variety of foundational approaches as well as some skills and actions we may take that can help build resilience.

Real World Application of Trauma Informed Care

Salon 9

Terry Adams, Executive Director & Chris Moynihan, LCSW, Genesis Learning Centers

We all understand the term Trauma Informed Care. We all know that children who have experienced trauma have a propensity to develop emotional and behavioral issue in school and at home. But after we learn all the professional words and labels what do we do to impact the child's life. This will be a rubber-meets-the-road discussion of specific techniques to reach the child and assist them through the trauma and into successful living. We will be heavy on application with common sense approaches for school and home settings.

Exploration in the Use of Telehealth Practices

Salon 10

Kyle Eaton, Strategic Information Improvement Analyst

This presentation will be a practical exploration into the benefits and obstacles of introducing modern technologies and techniques into your organization's daily healthcare services. Meritan is currently engaged in a Telehealth initiative with two of the homes managed by the organization. Come and learn about the rationale used to embark on this