

## **8:30 - Breakfast and Registration**

### **9:00 – Welcome/Keynote (1 CEU)**

Lori Messinger, Ph.D., Dean, UT College of Social Work

Dr. Eboni Winford, Cherokee Health Systems – Social Determinants of Health: Removing Barriers to Service

### **10:00am – Breakout Sessions I (1 CEU)**

#### **1. Rural Healthcare - Rural Healthcare Challenges - An Integrated Health Perspective - Dr. Ragan Shriver**

Forty-six million Americans—some 15 percent of the U.S. population—live in rural areas of the country. Data from the Centers for Disease Control and Prevention show they are more likely to die from the five leading causes of death—heart disease, cancer, unintentional injuries, chronic lower respiratory disease, and stroke—than residents in urban regions and that a greater percentage of rural deaths may be preventable. Attempts must be made to try to alleviate this public health crisis. One proven measure to improve healthcare outcomes is to integrate health care practices. Integrated health care is an approach characterized by a high degree of collaboration and communication among health professionals. What makes integrated health care unique is the sharing of information among team members related to patient care and the establishment of a comprehensive treatment plan to address the biological, psychological and social needs of the patient. This workshop will address this concept and allow for time for discussion and engagement around the topic.

#### **2. Senior Health - Understanding Elder Abuse and Elder Abuse Intervention in East Tennessee- Sasha Hammett, Program Manager, CAC**

Rise Above Crime is a free program that supports older adults who have been victimized by crime. Services are provided by caring professionals that aim to help individuals to overcome the trauma of physical, sexual, or psychological violence' neglect; or economic exploitation or fraud.

The Rise Above Crime program is a grant-funded project through the State of Tennessee, Office of Criminal Justice Programs, Victims of Crime Act (VOCA). This grant was obtained by the Office on Aging in order to build upon and continue the work of the Elder Abuse Community Outreach Program.

#### **3. Children/School/Head Start - Adverse Childhood Experiences: Reflecting, Connecting and Progressing toward a Positive Outcome- Patty Bowlin, UT SWORPS**

Learn more about how reflective practice embedded in your daily work, thoughts, and actions can shift your response from “what’s wrong with them?” to “what happened to them?”. Combined with the basics of trauma informed care, these connections can provide a stronger foundation of resilience and hope that can lead toward change and better outcomes for children and their families.

## **11:00 Break**

### **11:15am – Breakout Sessions II (1 CEU)**

#### **1. Rural Homelessness – Cindy Manginelli, Project Coordinator, TN Valley Coalition for the Homeless**

#### **2. Substance Abuse- Medication Assisted Treatment: Its role in the care of those persons struggling with Opioid Use Disorder– Behavioral Health Group**

In light of the increasing numbers of persons impacted by Opioid Use Disorder and its resulting high rates of morbidity and mortality, much focus is now being placed on identifying the most effective ways to provide the necessary treatment. The use of medications combined with psychosocial treatment is effective in a substantial proportion of persons with the disorder. The purpose of this talk is to discuss the available medications (including methadone, buprenorphine, and naltrexone) and the ways in which medication assisted treatment (MAT) is administered. The specialized setting of a federally regulated Opioid Treatment Program and the

services provided within will be described, and the necessity of giving individualized, holistic care integrated with other resources in the community will be discussed.

**3. Children/School/Head Start – The Brain Architecture Game - Patty Bolin, UT SWORPS**

**12:15pm – Lunch and Awards**

**1:00pm – Breakout Sessions III (1.5 CEU)**

**1. Rural Healthcare - Early Intervention Through Mental Health 101 - Ben Harrington, CEO, Mental Health Association of East TN**

Fifty percent of all persons with mental illness had the symptoms start by age 14 and most do not get the help they need for a decade or more. Join Early Intervention champion Ben Harrington, CEO at the Mental Health Association of East Tennessee, as he explores mental health in youth. Are we experiencing more mental health problems in kids or are we better at recognizing it? Do ACES really play a role in teen mental health? Does stress, mental health and suicide connect somehow? And along the way he will discuss how Mental Health 101 has forged the way for mental health in schools.

**2. Ethics: Social Work Licensure: Pending Revisions & Licensure Processes Part I**

The Tennessee Board of Social Worker Licensure is currently in the process of revising and updating the Rules & Regulations for the practice of social work in our state. There are some significant changes on the horizon that will impact every social worker especially those seeking advanced licensure and their supervisors. This workshop will provide information and clarity regarding the path for advanced licensure in the state of Tennessee. A thorough review of the current rules and the impending changes will help participants understand the requirements and the eligibility for advanced licensure as a clinical or advanced generalist social worker. Case scenarios will help participants understand how to conceptualize and document accurately the social work experience. Clarification will also be given regarding the role and responsibilities of the supervisor and how to accurately accumulate supervision hours and contact hours.

**3. Building Community Through Schools: A Model for Community Change - Jordan Frye**

Public schools are at the geographic center of many urban and suburban communities, and schools are a common access point for community members to interact with one another. Learn about how the community school strategy is using public schools as a hub for organizing resources to support communities by championing shared leadership, integrating family and student supports, and offering expanded academic enrichment opportunities.

**2:30 pm – Break**

**2:45 pm Session (1.5 CEU)**

**1. Equity in Education: Improving Retention and Graduation Rates through Social Work Intervention**  
Drema Bowers, Pellissippi State Community College

There is a growing need for professional social workers in higher education. The newly created Department of Student Care and Advocacy at PSCC was created to help address the need. This department will be the students' central contact when nonacademic issues arise during their time at Pellissippi State. Join us as we share our ideas regarding planning, implementing and evaluating a case management framework designed to assess, advocate and link students to internal and external resources addressing non-academic barriers to retention and completion.

**2. Ethics: Social Work Licensure: Pending Revisions & Licensure Processes Part II**

See above.

### **3. The Opioid Crisis: Substance Abuse 101 - Behavioral Health Team**

NIDA indicates that, in 2017, there were 1,269 overdose deaths involving opioids in Tennessee—a rate of 19.3 deaths per 100,000 persons, which is higher than the national rate of 14.6 deaths per 100,000 persons. It is essential for frontline social service professionals to be trained to understand substance abuse, including opioid addiction. This course is meant to be a general overview for recognizing the signs and symptoms of substance abuse, engaging families in discussion about the problem, and referring individuals to available resources in the East Tennessee Region.

**4:30 pm – Evaluations/Wrap up**